

**ALL T.K.D POOMSAE (FORM) DIVISIONS**

DIVISION #	AGE CLASS	SEX	BELT DIVISION
P-1	5 & UNDER	ALL	White/Yellow/Orange
P-2	5 & UNDER	ALL	Purple/Green/Blue
P-3	5 & UNDER	ALL	Brown/Red
P-4	6-7	ALL	White/Yellow/Orange
P-5	6-7	ALL	Purple/Green/Blue
P-6	6-7	ALL	Brown/Red
P-7	8-9	ALL	White/Yellow/Orange
P-8	8-9	ALL	Purple/Green/Blue
P-9	8-9	ALL	Brown/Red
P-10	10-11	ALL	White/Yellow/Orange
P-11	10-11	ALL	Purple/Green/Blue
P-12	10-11	ALL	Brown/Red
P-13	12-14	MALE	White/Yellow/Orange
P-14	12-14	MALE	Purple/Green/Blue
P-15	12-14	MALE	Brown/Red
P-16	12-14	FEMALE	White/Yellow/Orange
P-17	12-14	FEMALE	Purple/Green/Blue
P-18	12-14	FEMALE	Brown/Red
P-19	15-17	MALE	White/Yellow/Orange
P-20	15-17	MALE	Purple/Green/Blue
P-21	15-17	MALE	Brown/Red
P-22	15-17	FEMALE	White/Yellow/Orange
P-23	15-17	FEMALE	Purple/Green/Blue
P-24	15-17	FEMALE	Brown/Red
P-25	18-30	MALE	White/Yellow/Orange
P-26	18-30	MALE	Purple/Green/Blue
P-27	18-30	MALE	Brown/Red
P-28	18-30	FEMALE	White/Yellow/Orange
P-29	18-30	FEMALE	Purple/Green/Blue
P-30	18-30	FEMALE	Brown/Red
P-31	31 & OVER	MALE	White/Yellow/Orange
P-32	31 & OVER	MALE	Purple/Green/Blue
P-33	31 & OVER	MALE	Brown/Red
P-34	31 & OVER	FEMALE	White/Yellow/Orange
P-35	31 & OVER	FEMALE	Purple/Green/Blue
P-36	31 & OVER	FEMALE	Brown/Red

**BLACK BELT WORLD CLASS POOMSAE**

DIVISION #	AGE CLASS	SEX	BELT DIVISION
WP-1	7 & Under	ALL	Dragon
WP-2	8-9	ALL	Tiger
WP-3	10-11	MALE	Youth
WP-4	10-11	FEMALE	Youth
WP-5	12-14	MALE	Cadet
WP-6	12-14	FEMALE	Cadet
WP-7	15-17	MALE	Junior
WP-8	15-17	FEMALE	Junior
WP-9	18-30	MALE	30 Under
WP-10	18-30	FEMALE	30 Under
WP-11	31-40	MALE	40 Under
WP-12	31-40	FEMALE	40 Under
WP-13	41-50	MALE	50 Under
WP-14	41-50	FEMALE	50 Under
WP-15	51-60	MALE	Over 50
WP-16	51-60	FEMALE	Over 50

**KYOROOGI(OLYMPIC STYLE SPARRING) DIVISIONS**

DIVISION #	AGE CLASS	SEX	BELT DIVISION
K-1	5 & UNDER	ALL	White/Yellow/Orange
K-2	5 & UNDER	ALL	Purple/Green/Blue
K-3	5 & UNDER	ALL	Brown/Red
K-4	6-7	ALL	White/Yellow/Orange
K-5	6-7	ALL	Purple/Green/Blue
K-6	6-7	ALL	Brown/Red
K-7	8-9	MALE	White/Yellow/Orange
K-8	8-9	MALE	Purple/Green/Blue

**\*\*ALL STYLE WEAPONS POOMSAE (FORMS)**

DIVISION #	AGE CLASS	SEX	BELT DIVISION
W-1	7 & UNDER	ALL	White/Yellow/Orange
W-2	7 & UNDER	ALL	Purple/Green/Blue
W-3	7 & UNDER	ALL	Brown/Red/Black
W-4	8-10	ALL	White/Yellow/Orange
W-5	8-10	ALL	Purple/Green/Blue

K-9	8-9	MALE	Brown/Red
K-10	8-9	FEMALE	White/Yellow/Orange
K-11	8-9	FEMALE	Purple/Green/Blue
K-12	8-9	FEMALE	Brown/Red
K-13	10-11	MALE	White/Yellow/Orange
K-14	10-11	MALE	Purple/Green/Blue
K-15	10-11	MALE	Brown/Red
K-16	10-11	FEMALE	White/Yellow/Orange
K-17	10-11	FEMALE	Purple/Green/Blue
K-18	10-11	FEMALE	Brown/Red
K-19	12-14	MALE	White/Yellow/Orange
K-20	12-14	MALE	Purple/Green/Blue
K-21	12-14	MALE	Brown/Red
K-22	12-14	FEMALE	White/Yellow/Orange
K-23	12-14	FEMALE	Purple/Green/Blue
K-24	12-14	FEMALE	Brown/Red
K-25	15-17	MALE	White/Yellow/Orange
K-26	15-17	MALE	Purple/Green/Blue
K-27	15-17	MALE	Brown/Red
K-28	15-17	FEMALE	White/Yellow/Orange
K-29	15-17	FEMALE	Purple/Green/Blue
K-30	15-17	FEMALE	Brown/Red
K-31	18-32	MALE	White/Yellow/Orange
K-32	18-32	MALE	Purple/Green/Blue
K-33	18-32	MALE	Brown/Red
K-34	18-32	FEMALE	White/Yellow/Orange
K-35	18-32	FEMALE	Purple/Green/Blue
K-36	18-32	FEMALE	Brown/Red
K-37	33 & OVER	MALE	White/Yellow/Orange
K-38	33 & OVER	MALE	Purple/Green/Blue
K-39	33 & OVER	MALE	Brown/Red
K-40	33 & OVER	FEMALE	White/Yellow/Orange
K-41	33 & OVER	FEMALE	Purple/Green/Blue
K-42	33 & OVER	FEMALE	Brown/Red

**\*\*OPEN POOMSAE ( ALL OTHER STYLES FORMS )**

DIVISION #	AGE CLASS	SEX	BELT DIVISION
O-1	7 & UNDER	ALL	White/Yellow/Orange
O-2	7 & UNDER	ALL	Purple/Green/Blue
O-3	7 & UNDER	ALL	Brown/Red/Black
O-4	8-10	ALL	White/Yellow/Orange
O-5	8-10	ALL	Purple/Green/Blue
O-6	8-10	ALL	Brown/Red
O-7	8-10	ALL	Black Belt
O-8	11-13	ALL	White/Yellow/Orange
O-9	11-13	ALL	Purple/Green/Blue
O-10	11-13	ALL	Brown/Red
O-11	11-13	ALL	Black Belt
O-12	14-17	MALE	White/Yellow/Orange
O-13	14-17	MALE	Purple/Green/Blue
O-14	14-17	MALE	Brown/Red
O-15	14-17	MALE	Black Belt
O-16	14-17	FEMALE	White/Yellow/Orange
O-17	14-17	FEMALE	Purple/Green/Blue
O-18	14-17	FEMALE	Brown/Red
O-19	14-17	FEMALE	Black Belt
O-20	18 & OVER	MALE	White/Yellow/Orange
O-21	18 & OVER	MALE	Purple/Green/Blue
O-22	18 & OVER	MALE	Brown/Red
O-23	18 & OVER	MALE	Black Belt
O-24	18 & OVER	FEMALE	White/Yellow/Orange
O-25	18 & OVER	FEMALE	Purple/Green/Blue
O-26	18 & OVER	FEMALE	Brown/Red
O-27	18 & OVER	FEMALE	Black Belt

**3 DIRECTION BREAKING**

DIV#	AGE	SEX	BELT DIVISION
DB-1	7 & Under	All	White/Yellow/Orange
DB-2	7 & Under	All	Purple/Green/Blue
DB-3	7 & Under	All	Brown/Red
DB-4	7 & Under	All	Black Belt
DB-5	8-11	All	White/Yellow/Orange
DB-6	8-11	All	Purple/Green/Blue
DB-7	8-11	All	Brown/Red
DB-8	8-11	All	Black Belt

W-6	8-10	ALL	Brown/Red
W-7	8-10	ALL	Black Belt
W-8	11-13	ALL	White/Yellow/Orange
W-9	11-13	ALL	Purple/Green/Blue
W-10	11-13	ALL	Brown/Red
W-11	11-13	ALL	Black Belt
W-12	14-17	MALE	White/Yellow/Orange
W-13	14-17	MALE	Purple/Green/Blue
W-14	14-17	MALE	Brown/Red
W-15	14-17	MALE	Black Belt
W-16	14-17	FEMALE	White/Yellow/Orange
W-17	14-17	FEMALE	Purple/Green/Blue
W-18	14-17	FEMALE	Brown/Red
W-19	14-17	FEMALE	Black Belt
W-20	18 & OVER	MALE	White/Yellow/Orange
W-21	18 & OVER	MALE	Purple/Green/Blue
W-22	18 & OVER	MALE	Brown/Red
W-23	18 & OVER	MALE	Black Belt
W-24	18 & OVER	FEMALE	White/Yellow/Orange
W-25	18 & OVER	FEMALE	Purple/Green/Blue
W-26	18 & OVER	FEMALE	Brown/Red
W-27	18 & OVER	FEMALE	Black Belt

**\*\*SYNCHRONIZED POOMSAE**

DIVISION NO.	AGE CLASS	SEX	BELT DIVISION
S-1	ALL	ALL	Color Belts
S-2	ALL	ALL	Black Belts

**BLACK BELT 12-14 YEARS OLD-WORLD CLASS SPARRING**

DIVISION NO.	AGE CLASS	SEX	BELT DIVISION
WK-1	7 & Under	ALL	Black Belt
WK-2	8-9	MALE	Black Belt
WK-3	8-9	FEMALE	Black Belt
WK-4	10-11	MALE	Black Belt
WK-5	10-11	FEMALE	Black Belt
WK-6	12-14	MALE	Black Belts
WK-7	12-14	FEMALE	Black Belts

**BLACK BELT 15-17 YEARS OLD-WORLD CLASS SPARRING**

DIVISION NO.	AGE CLASS	SEX	BELT DIVISION
WK-8	15-17 (Fly)	FEMALE	Black Belt 97.0 lbs & under
WK-9	15-17 (Feather)	FEMALE	Black Belt 97.1-108.0 lbs
WK-10	15-17 (Welter)	FEMALE	Black Belt 108.1-121.2 lbs
WK-11	15-17 (Middle)	FEMALE	Black Belt 121.3-138.8 lbs
WK-12	15-17 (Heavy)	FEMALE	Black Belt 138.9 lbs & over
WK-13	15-17 (Fly)	MALE	Black Belt 105.8 lbs & under
WK-14	15-17 (Feather)	MALE	Black Belt 105.9-121.2 lbs
WK-15	15-17 (Welter)	MALE	Black Belt 121.3-138.8 lbs
WK-16	15-17 (Middle)	MALE	Black Belt 138.9-160.9 lbs
WK-17	15-17 (Heavy)	MALE	Black Belt 161.0 lbs & over
WK-18	18-32 (Fly)	FEMALE	Black Belt 108.0 lbs & under
WK-19	18-32 (Feather)	FEMALE	Black Belt 108.1-125.6 lbs
WK-20	18-32 (Welter)	FEMALE	Black Belt 125.7-147.7 lbs
WK-21	18-32 (Heavy)	FEMALE	Black Belt 147.8 lbs & over
WK-22	18-32 (Fly)	MALE	Black Belt 127.9 lbs & under
WK-23	18-32 (Feather)	MALE	Black Belt 128.0-149.9 lbs
WK-24	18-32 (Welter)	MALE	Black Belt 150-176.3 lbs
WK-25	18-32 (Heavy)	MALE	Black Belt 176.4 lbs & over
WK-26	33 & UP	MALE	Black Belts
WK-27	33 & UP	FEMALE	Black Belts

DB-9	12-14	All	White/Yellow/Orange
DB-10	12-14	All	Purple/Green/Blue
DB-11	12-14	All	Brown/Red
DB-12	12-14	All	Black Belt
DB-13	15 & Over	All	White/Yellow/Orange
DB-14	15 & Over	All	Purple/Green/Blue
DB-15	15 & Over	All	Brown/Red
DB-16	15 & Over	All	Black Belt

**POWER HAND BREAKING**

HB-1	7 & Under	All	White/Yellow/Orange
HB-2	7 & Under	All	Purple/Green/Blue
HB-3	7 & Under	All	Brown/Red
HB-4	7 & Under	All	Black Belt
HB-5	8-11	All	White/Yellow/Orange
HB-6	8-11	All	Purple/Green/Blue
HB-7	8-11	All	Brown/Red
HB-8	8-11	All	Black Belt
HB-9	12-14	All	White/Yellow/Orange
HB-10	12-14	All	Purple/Green/Blue
HB-11	12-14	All	Brown/Red
HB-12	12-14	All	Black Belt
HB-13	15 & Over	All	White/Yellow/Orange
HB-14	15 & Over	All	Purple/Green/Blue
HB-15	15 & Over	All	Brown/Red
HB-16	15 & Over	All	Black Belt

**SPEED BREAKING**

SB-1	7 & Under	All	White/Yellow/Orange
SB-2	7 & Under	All	Purple/Green/Blue
SB-3	7 & Under	All	Brown/Red
SB-4	7 & Under	All	Black Belt
SB-5	8-11	All	White/Yellow/Orange
SB-6	8-11	All	Purple/Green/Blue
SB-7	8-11	All	Brown/Red
SB-8	8-11	All	Black Belt
SB-9	12-14	All	White/Yellow/Orange
SB-10	12-14	All	Purple/Green/Blue
SB-11	12-14	All	Brown/Red
SB-12	12-14	All	Black Belt
SB-13	15 & Over	All	White/Yellow/Orange
SB-14	15 & Over	All	Purple/Green/Blue
SB-15	15 & Over	All	Brown/Red
SB-16	15 & Over	All	Black Belt

**IMPORTANT NOTE: WORLD CLASS SPARRING DIVISION**

Junior Safety Rule will be applied to Black Belt 7 & Under, 8-14 & 33 and Over Years Division. However, Full Contact Rule will be applied to Black Belt 15-17 & 18-32 Only

**\*\* If using music must provide own boom box**